

# *Beginner Yoga*

Saturdays, November 7 – December 19 (no class Nov. 28)  
Tonganoxie Elementary School (North Gym)

Participant's Name \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Would you like to join our Online Newsletter Group?

YES      NO      Already a Member

Email Address \_\_\_\_\_

**Please make checks payable to: TRC**

**Program Fee: \$30 per session / 6 classes**

I hereby state that I understand and agree with the above described activity and policies, and that the above said individual has no physical, mental, or emotional conditions which would prevent him/her from fully participating in such activity, or would make him/her susceptible to injury from such participation. I further state that I hereby release the Tonganoxie Recreation Commission & Tonganoxie Public Library, their employees, volunteers, or agents from any claim that the said individual might have, or others may have, for injury that he/she might sustain during his/her participation in such activity. Please notify the Tonganoxie Recreation Commission if special accommodations may be needed for the above said individual to participate in the described activity.

**SIGNATURE:** \_\_\_\_\_ **DATE** \_\_\_\_\_